MAJOR COURSE

100-level activity courses are 1 semester credit each (6 required)

I. SAFETY, FIRST AID, AND CPR (1 required)
   ___ PHED 115, Safety, First Aid & CPR

II. SPORTS SKILLS (3 required)
   A. Individual and Dual Sports (2 required)
      ___ PHED 173, 176, 178, 179, 180, 181 or 182
   B. Teams Sports (1 required)
      ___ PHED 120, 122, 124, 125, 126 or 144

III. AQUATICS: (1 required)
      ___ PHED 161 or 165

IV. PHYSICAL FITNESS (1 required)
      ___ PHED 166, 184, 185, 186 or 187

PHYSICAL EDUCATION THEORY COURSES

___ PHED 200, Intro & History of PE and Athletics
___ PHED 251, Human Anatomy
___ PHED 252, Human Physiology
___ PHED 290, Sports Officiating
___ PHED 330, Psychological Dynamics of Sport & PE
___ PHED 335, Managing Legal Aspects of Sport and PE
___ PHED 370, Measurement & Evaluation in PE, Hlth & Wellness
___ PHED 374, Motor Development
___ PHED 375, Motor Learning
___ PHED 380, Kinesiology
___ PHED 390, Physiology of Exercise
___ PHED 395, Organization, Admin. & Supv. of PE & Athletics
   OR
___ PHED 396, Organization, Admin. & Supv. of PE & Health
___ PHED 480, Senior Seminar in Sports Science/Sport Mgmt

   Plus one of the following coaching classes: PHED 291, 292, 293, 294, 295, 297 or 298

COMMONS REQUIREMENTS

___ OREN 105 (2 hours)
___ CISC 100 or validation
___ ENGL 110 or validation by ACT/SAT
___ ENGL 111, HIST 112 or a writing-intensive research course in the major
___ MATH 122, 124, 126, 128, 135 or higher level Math course (one class required – students who validate MATH 135 by ACT/SAT or test may take a higher level math.

   Arts and Humanities (4 hours required)
___ ENGL 120, 201, 213, 214, 223, 224, 225, 227, 228, 231, 250; HRNS 101, HUMA 222, 223; MUSC 101, REGL101, 102; THEA 104, VISA 110, 204 or 208

   Natural Sciences (4 hours required)
___ ATEP 252, BIOL 100, 101, 251; CHEM 101, EVSC 111, GEOL 101, PHED 252, PHYS 201

   Social Sciences (4 hours required)
___ BUSN 201, CRJU 100, GEOG 200, HIST 101, 102, 201, 202; POLS 110, 210, 220; PSYC 101, PSYC 299; SOCI 101, 105
___ PHED 201 or PSYC 102

* ___ CMNS 251
* ___ CMNS 330 or HRNS 330 or the combination of RELG 101 and RELG 102
* ___ CMNS 380 or HRNS 380
   (NURS 431 satisfies for ATEP/NURS majors)
* ___ ATEP 480, CMNS 480, BIOL/EVSC 480, BUSN 446, CRJU 480, ENGL 402, HIST 480, PHED 480, PSYC 430 or VISA 430
* ___ SVLN 351, 354, 356; BIOL/EVSC/CHEM 354, BUSN 352, 356 or VISA 354

   Arts & Lectures Series (no credit hours)
      Attended _____ of _____ required A&L events

*If you are double majoring with an Education major, CMNS 251, Service-Learning and CMNS 480 are not required in the general education core.

128.00 hours required for graduation
Commons: 46.00 semester hours
Major: 62.00 semester hours
Electives: 20.00 semester hours