# 2014 Fall Sports Science major

## Requirements Checklist, REV. 5/10/14

### Major Course

100-level activity courses are 1 semester credit each (6 required)

I. SAFETY, FIRST AID, AND CPR (1 required)  
   ___ PHED 115, Safety, First Aid & CPR

II. SPORTS SKILLS (3 required)  
   A. Individual and Dual Sports (2 required)  
      ___ PHED 173, 176, 178, 179, 180, 181 or 182
   B. Teams Sports (1 required)  
      ___ PHED 120, 122, 124, 125, 126 or 144

III. AQUATICS: (1 required)  
     ___ PHED 161 or 165

IV. PHYSICAL FITNESS (1 required)  
    ___ PHED 166, 184, 185, 186 or 187

### Physical Education Theory Courses

___ PHED 200, Intro & History of PE and Athletics  
___ PHED 251, Human Anatomy  
___ PHED 252, Human Physiology  
___ PHED 290, Sports Officiating  
___ PHED 330, Psychological Dynamics of Sport & PE  
___ PHED 335, Managing Legal Aspects of Sport and PE  
___ PHED 370, Measurement & Evaluation in PE, Hlth & Wellness  
___ PHED 374, Motor Development  
___ PHED 375, Motor Learning  
___ PHED 380, Kinesiology  
___ PHED 390, Physiology of Exercise  
___ PHED 395, Organization, Admin. & Supv. of PE & Athletics  
___ PHED 396, Organization, Admin. & Supv. of PE & Health  
___ PHED 480, Senior Seminar in Sports Science/Sport Mgmt  
___ Plus one of the following coaching classes: PHED 291, 292, 293, 294, 295, 297 or 298

### Commons Requirements

- OREN 105 (2 hours)  
- CISC 100 or validation  
- ENGL 110 or validation by ACT/SAT  
- ENGL 111, HIST 112 or a writing-intensive research course in the major  
- MATH 122, 124, 126, 128, 135 or higher level Math course (one class required – students who validate MATH 135 by ACT/SAT or test may take a higher level math).

#### Arts and Humanities (4 hours required)

___ ENGL 120, 201, 213, 214, 223, 224, 225, 227, 228, 231, 250; HUMA 222, 223; MUSC 101, RELG 101, 102; THEA 104, VISA 110, 204 or 208

#### Natural Sciences (4 hours required)

___ ATEP 252, BIOL 100, 101, 251; CHEM 101, EVSC 111, GEOL 101, PHED 252, PHYS 201

#### Social Sciences (4 hours required)

___ BUSN 201, CRJU 100, GEOG 200, HIST 101, 102, 201, 202; POLS 110, 210, 220; PSYC 101, PSYC 299; SOCI 101, 105

___ PHED 201 or PSYC 102

* CMNS 251

___ CMNS 330 or HNRS 330 or the combination of RELG 101 and RELG 102

___ CMNS 380 or HNRS 380  
(NURS 431 satisfies for ATEP/NURS majors)

* ATEP 480, CMNS 480, BIOL/EVSC 480, BUSN 446, CRJU 480, ENGL 402, HIST 480, PHED 480 or PSYC 430

* SVLN 351, 354, 356; BUSN 352, 356 or VISA 354

### Arts & Lectures Series (no credit hours)

Attended _____ of _____ required A&L events

*If you are double majoring with an Education major, CMNS 251, Service-Learning and CMNS 480 are not required.

### 128.00 hours required for graduation

Commons: 46.00 semester hours  
Major: 62.00 semester hours  
Electives: 20.00 semester hours