# 2013 FALL PHYSICAL EDUCATION K-12 Licensure

**Total hours:** 150

## Major (56 hours):

<table>
<thead>
<tr>
<th>100-level activity courses are 1 semester credit each (6 hours required)</th>
<th>GENERAL EDUCATION (61 – 73 hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I. Safety, First Aid, and CPR (1 required): PHED 115</td>
<td>CISC 100 Computer as a Tool (or validation)</td>
</tr>
<tr>
<td>II. Sports Skills (1 Indoor Individual/Dual or Team Sport required)</td>
<td>CMNS 330 The Hebrew and Christian Traditions</td>
</tr>
<tr>
<td>A. Indoor Individual/Dual: PHED 173, 176, 178, 179, 180, 181 or 182</td>
<td>CMNS 380 The Political Traditions of the West</td>
</tr>
<tr>
<td>OR</td>
<td>EDUC 216 Innovative Instructional Technology</td>
</tr>
<tr>
<td>B. Team Sport: PHED 120, 122, 124, 125, or 126</td>
<td>ENGL 100 Introduction to College Writing*</td>
</tr>
<tr>
<td>III. Aquatics: (1 required) PHED 160, 161 or 165</td>
<td>ENGL 110 Composition and Rhetoric</td>
</tr>
<tr>
<td>IV. Rhythms and Dance (1 required): PHED 170</td>
<td>CMNS 380 The Political Traditions of the West</td>
</tr>
<tr>
<td>V. Tumbling and Gymnastics (1 required): PHED 175</td>
<td>HIST 101 or 102 The West and the World I or II</td>
</tr>
<tr>
<td>VI. Outdoor Leisure: (1 required): PHED 190, 195 or 196</td>
<td>MATH 099 Introductory Algebra*</td>
</tr>
<tr>
<td>VII Fundamental Motor Skills (1 required): PHED 360 (3 hrs)</td>
<td>MATH 100 Intermediate Algebra*</td>
</tr>
</tbody>
</table>

### Physical Education Theory Courses:

- PHED 200 Introduction and History of PE & Athletics
- PHED 251 Human Anatomy
- PHED 252 Human Physiology
- PHED 260 Methods for School Health Teachers (3 hrs)
- PHED 270 Adaptive Physical Education
- PHED 360 C/M—Elementary PE, Hlth & Wellness (3 hrs)
- PHED 361 C/Methods—Secondary PE, Hlth & Wellness
- PHED 370 Measurement & Evaluation in PE, Hlth & Well.
- PHED 374 Motor Development
- PHED 375 Motor Learning
- PHED 380 Kinesiology
- PHED 390 Physiology of Exercise
- PHED 396 Organization, Administration and Supervision of Physical Education, Health & Wellness

### NATURAL SCIENCE

- PHED 252 Human Physiology (in the major)

### CHOOSE ONE:

- ENGL 120, 201, 213, 214, 223, 224, 225, 227, 228, 231, 250; HNRS 101, HUMA 222, 223; MUSC 101, RELG101, 102; THEA 104, VISA 110, 204 or 208

## PROFESSIONAL EDUCATION (32 hours)

- EDUC 200 History and Philosophy of Education
- SPED 101 Survey of the Regular and Special Populations Within the School Environment
- EDUC 320 Classroom Discipline and Management
- EDUC 341 Learning Environments PreK-6 OR EDUC 342 Learning Environments 7-12
- EDUC 452 Student Teaching Seminar (4 hours)
- EDUC 457 Enhanced Student Teaching: K-6 (6 hrs)
- EDUC 460 Enhanced Student Teaching: 7-12 (6 hrs)

*Not required if ACT/SAT scores merit

---

*EDUC 101 This is a required workshop and MUST be taken before EDUC 200, EDUC 205, and SPED 101.
- Introduction courses, Requires Background check
- Must be admitted into the Teacher Education program
- Student Teaching – final semester

---

revised 04/16/2013